



Thank you for your support of the Senior Meals and Meals On Wheels Program!

NorthWest Senior & Disability Services (NWSDS) Senior Nutrition Program serves nutritious meals through a network that relies on a combination of public funding and community support.

Rising gas and food prices have a devastating effect on Senior Meals Providers. Your donation will ensure Senior Meals and Meals on Wheels remains a viable method of helping seniors live independently in their own homes.

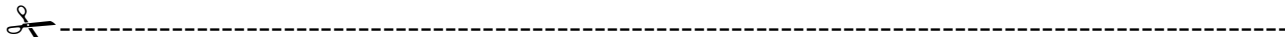
The Senior Nutrition Program will serve over 229,000 meals this year to Senior Meals and Meals on Wheels clients. We operate 18 mealsites in Clatsop, Marion, Polk, Tillamook and Yamhill counties. Meals on Wheels are available through our sites located outside of Salem, and are currently delivered to seniors in 40 communities in the five county area.

<u>Clatsop</u>	<u>Marion</u>	<u>Polk</u>	<u>Tillamook</u>	<u>Yamhill</u>
Seaside	Mt. Angel	Dallas	Nehalem	McMinnville
Svensen	Salem(3)	Monmouth	Pacific City	Newberg
	Silverton	West Salem	Tillamook	Sheridan
	Stayton			
	Woodburn			

Meals on Wheels are available through all NWSDS mealsites except Salem.

Our delivery vehicles are a rolling billboard. If you would like more information about how to advertise your company on one of our trucks, call (503) 304-3475.

NWSDS is a tax exempt agency and each gift is tax deductible to the extent of the law. **One-hundred percent of every donation is used to purchase food for the Senior Nutrition Program.**



YES! I will help feed my homebound elderly neighbors.

- \$25 to supplement a senior's own meal contribution.
- \$50 to furnish nutritious meals for 2 weeks.
- \$100 to supply 2 months of weekend frozen meals.
- \$200 to provide a complete meal for 40 seniors.
- \$_____ to nourish a senior.



Please make your check payable to
NorthWest Senior & Disability Services or (NWSDS)
P.O. Box 12189
Salem, Oregon 97309